



DOANE
UNIVERSITY

Course Overview

Course Title	Physical Activity Course
Course and Section Number	PED-101-1
Number of Credits	1 Semester Credit
Term	21/WIN1
Course/Section Dates	10/11/2021 – 12/11/2021
Meeting Time	Class meets at 6:00PM CDT • Tuesday – October 12 • Tuesday – November 9
Instructor	Kelsey Pruss
Doane Email Address	kelsey.pruss@doane.edu
Textbook Information: (e.g. title, edition, publisher, ISBN)	None Link to Doane Bookstore: https://www.bkstr.com/doaneuniversitystore/shop/textbooks-and-course-materials
Additional Course Materials	Clothing and shoes that allow comfortable movement.
Course Description	A course offering choices from a list of physical activities. The student will actively participate in activities such as: net and racquet sports (badminton, tennis, pickleball), golf, weight training, creative movement, jazz dance, yoga, cardio-kick boxing, and outdoor activities (archery, angling, orienteering, geocaching, and flyfishing).



Foundational Area of Knowledge

Course Learning Outcomes/Objectives

1. To develop and improve motor skills.
2. To develop a sound body in which a sound mind can function.
3. To gain a new level of physical fitness and well-being.

Technology Requirements

For the successful use of Canvas please refer to Doane University's [minimum computer requirements](#). This may also include:

- Reliable computer and internet connection
- A web browser (Chrome or Mozilla Firefox)
- Adobe Acrobat Reader (free)
- Word processing software -Microsoft or Google Docs
- Webcam and mic

Syllabus Addendum

www.doane.edu/syllabus includes information regarding:

- Academic Support
- Military Friendliness & Services
- Study Time
- Credit Hour Definition
- Catalog and Policies

Technological Support

If you are in need of technical assistance, please contact the help desk at 402-826-8411 or by email at helpdesk@doane.edu.

Learning Management System

Canvas: <https://doane.instructure.com>

Campus Network or Canvas Outage

When access to Canvas is not available for an extended period of time (greater than one entire evening - 6pm till 11pm) you can reasonably expect that the due date for assignments will be changed to the next day (assignment still due by midnight).